



Pre-K 4 SA Menu: September 14th - 18th

(Cycle: Week 4, Day 16 - 20)

	MONDAY 14-Sep	TUESDAY 15-Sep	WEDNESDAY 16-Sep	THURSDAY 17-Sep	FRIDAY 18-Sep
Breakfast	Toasty O's, WG Seasonal Fresh Fruit Milk	WW Pancakes Turkey Sausage Links Diced Pear Cup Milk (Syrup)	Turkey & Swiss Bagel Sliced Turkey Swiss Cheese WW Bagel Seasonal Fresh Fruit Milk	Breakfast Sandwich Egg Patty Sliced Cheese WW English Muffin Pineapple Tidbit Cup Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Diced Peaches Milk
Lunch	Cut Turkey Breast WW Roll Brown Gravy Garlic Mashed Potatoes Steamed Peas Milk	Spaghetti & Chicken Meatballs Chicken Meatballs WW Spaghetti Spaghetti Sauce Steamed Broccoli Cinnamon Apples Milk	Beef Hot Dog Beef Frank WW Hot Dog Bun Sweet Potato Tots Green Beans & Tomatoes Milk (Ketchup;Mustard)	Chicken Ranchero Grilled Chicken Patty Ranchero Sauce Spanish Brown Rice Pinto Beans Seasonal Fresh Fruit Milk	Hot Ham & Cheese Sandwich Sliced Ham Sliced Cheese WW Bread Seasoned Cauliflower Mandarin Orange Cup Milk
Snack	Mini WG Bagel Sun Butter	Alphabet Crackers 100% Apple Juice	Marranitos Mozzarella String Cheese	Cinnamon Cereal Bar Milk	Cheddar Rectangle WW Crackers
Late Snack	WG Cinnamon Goldfish Craisins	Baby Carrots Multi-Grain Sun Chips	White Cheddar Popcorn Diced Peach Cup	WG Vanilla Graham Applesauce Cup	WW Chocolate Chip Cookie Diced Pear Cup

The Child and Adult Care Food Program is the Texas Department of Agriculture's school nutrition education and outreach program, funded by the U.S. Department of Agriculture, Food and Nutrition Service. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 260-1026, (866) 632-9992 (toll free), or (202) 401-0216 (TDD). USDA is an equal opportunity provider and employer.

